Therapeutic Keratoplasty Using Preserved Corneas From Keratoconus Eyes

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Purpose: To report and discuss cases of lamellar keratoplasty using corneas obtained during previous penetrating keratoplasty in keratoconus eyes.

Methods: Corneal buttons were obtained from 7 keratoconus patients and stored in a preserving solution for 7–60 days (average, 32.4 days) before use. The recipient eyes comprised recurrent pterygium 3 eyes, primary pterygium 1 eye, pseudopterygium 1 eye, corneal perforation with iris prolapse due to fungal corneal ulcer 1 eye, and limbal dermoid 1 eye.

Results: The recipient eyes ran favorable courses in general. Graft rejection developed in 2 eyes and was successfully treated with topical and systemic corticosteroid.

Conclusions: Preserved corneas from keratoconus eyes were found useful in therapeutic lamellar keratoplasty. By this procedure, the current inadequate supply of donor corneas in eye banks in Japan can be augmented.

Key Words: Donor cornea from keratoconus eyes, eye bank, storage of donor corneas, therapeutic lamellar keratoplasty.

Introduction

Currently, it is difficult to obtain fresh corneas for keratoplasty in Japan. It may be possible to use a cornea obtained during another keratoplasty as a donor cornea in a domino pattern. Such an attempt was made in which deep lamellar keratoplasty was successfully performed to treat macular dystrophy using a corneal button obtained from an eye with bullous keratopathy.

Similarly, we have used corneas from keratoconus eyes obtained during penetrating keratoplasty. These donor corneas had been preserved for eventual therapeutic lamellar keratoplasty as an emergency procedure. The recipient eyes included those with corneal perforation and severe corneoconjunctival burns, among others.

Use of keratoconus cornea for another keratoplasty may be a new and promising method for augmenting the currently inadequate supply of donor corneas in eye banks in Japan.
After a thorough explanation and discussion of the nature of the planned procedure, signed informed consent was obtained from all donors and recipients. The stored corneas were then used for lamellar keratoplasty (LKP) or KEP. The duration of storage ranged from 7 to 60 days (average, 32.4 days). Donor corneas for LKP were abraded to achieve a consistent thickness (to match the thinnest vertex area). The thicker stromal layer was removed at the peripheral corneal zone because of the thinning of the vertex area in keratoconus eyes. For KEP, a crescent-shaped lenticle was sutured onto the limbal sclera of the recipient. In both instances, utmost care was taken not to damage the epithelium of the donor cornea.

All operated eyes were fitted with therapeutic soft contact lenses (SCL) until reepithelization. Oral prednisolone was given to all patients in a tapering dosage of 20 or 30 mg/day during the first postoperative month. Flurometholone and ofloxacin eye drops were also used postoperatively for 2–3 months. Fibronectin and cyclosporin (in 1% olive oil solution) eye drops were given for 1 postoperative month. Systemic cyclosporin (100 mg/day, or sufficient to maintain blood trough level 50–100 ng/mL) was additionally used in 2 cases (cases 3 and 4) who had a history of corneal infection.

Results

The profiles and the clinical course of the 7 cases are shown in tabulated form (Table 1). In all cases, the donor corneal epithelia did not adhere well upon initial application. This tendency was more pronounced in cases receiving corneas with longer storage time. It took 4–33 days, average 11.7 days, for reepithelization to be complete. In all cases except case 2, recovery was completed within 2 weeks.

Figure 1 shows the pre-, intra-, and postoperative findings in case 3. Pre- and postoperative findings in cases 4, 5, and 6 are shown in Figures 2–4, respectively. The grafted cornea became clear immediately after LKP in cases 3, 4, and 6 (Figure 1B, 1C). There was no recurrence of pterygium or pseudopterygium in 5 cases (cases 1, 2, 4, 5, and 7). The ulcer and inflammation of the ocular surface disappeared quickly after surgery in case 3, who had corneal perforation with iris prolapse resulting from fungal corneal ulcer. Remarkable cosmetic improvement could be seen on day 2 of surgery in the patient (case 6) with limbal dermoid.

Table 1. Results of Therapeutic Keratoplasty Using Corneas Obtained From Keratoconus Patients

<table>
<thead>
<tr>
<th>Case No.</th>
<th>Age (y)</th>
<th>Gender</th>
<th>Corneal Disorders</th>
<th>Operative Method</th>
<th>Donor Cornea (Keratoconus)</th>
<th>Postop Recovery of Epithelium (days)</th>
<th>Follow-up Period (Months)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>40</td>
<td>F</td>
<td>Recurrent pterygium (twice)</td>
<td>KEP</td>
<td>63</td>
<td>F 23</td>
<td>14</td>
</tr>
<tr>
<td>2</td>
<td>38</td>
<td>M</td>
<td>Recurrent pterygium (four times)</td>
<td>KEP</td>
<td>20</td>
<td>M 7</td>
<td>33</td>
</tr>
<tr>
<td>3</td>
<td>68</td>
<td>F</td>
<td>Corneal ulcer perforation</td>
<td>LKP</td>
<td>45</td>
<td>F 35</td>
<td>4</td>
</tr>
<tr>
<td>4</td>
<td>72</td>
<td>M</td>
<td>Recurrent pterygium (three times)</td>
<td>LKP</td>
<td>25</td>
<td>M 22</td>
<td>10</td>
</tr>
<tr>
<td>5</td>
<td>42</td>
<td>F</td>
<td>Primary pterygium</td>
<td>KEP</td>
<td>20</td>
<td>M 59</td>
<td>5</td>
</tr>
<tr>
<td>6</td>
<td>9</td>
<td>F</td>
<td>Limbal dermoid</td>
<td>LKP</td>
<td>20</td>
<td>M 21</td>
<td>10</td>
</tr>
<tr>
<td>7</td>
<td>67</td>
<td>M</td>
<td>Pseudopterygium</td>
<td>KEP</td>
<td>44</td>
<td>M 60</td>
<td>6</td>
</tr>
</tbody>
</table>

keratoconus eyes in PKP even if the preservation period is less than 2 weeks. The term “relatively fresh cornea” is therefore used to describe the donor corneas in the ensuing discussions.

There is a significant advantage in using corneas from keratoconus eyes compared with those from fresh donor patients, namely, the ready availability of donor corneas in emergency situations. Results in the present series indicate that relatively fresh corneas can be used for therapeutic lamellar keratoplasty after a storage period of up to 2 months. This method was particularly successful in case 3, which had a corneal ulcer and perforation needing urgent treatment.

Lamellar keratoplasty and KEP are recommended for recurrent and primary pterygium and limbal der-
moid, which may recur or may develop pseudopterygium after a simple resection.\textsuperscript{4,5} There are also clinical reports\textsuperscript{6,7} showing that preserved corneas are as effective as fresh corneas in creating a barrier effect and suppressing inflammation. The results of these reports on preserved corneas are compatible with those of our 6 cases (patients with recurrent or primary pterygium, pseudopterygium, and limbal dermoid).

Other advantages of our method include: availability of cost-free donor cornea, lower antigenicity of the donor cornea after preservation, lesser risk of immune reaction to the graft, and lesser susceptibility to biological contamination when compared with donor cornea obtained postmortem. The rate of postoperative rejection is higher with fresh corneas than with preserved corneas, even after therapeutic keratoplasty.\textsuperscript{8,9} Signs of graft rejection developed in 2 of our 7 cases but were quickly treated by topical and systemic corticosteroid. This can be attributed to the lowered antigenicity of the donor cornea preserved for an intermediate term.

The possibility of biological contamination in the present method is extremely low, as the entire procedure, from obtaining the cornea during PKP on the keratoconus eye until the actual lamellar keratoplasty, is performed under aseptic conditions in the operating room.

Difficulty may occur in using a corneal button from a keratoconus eye if the central cornea of the donor eye is extremely thin. We tried to avoid this problem by not using such eyes. Also, it is not suitable to use thin corneas for eyes with corneal ulcer or perforation that require LKP of sufficient thickness.

For the present, it is desirable that the use of corneas from keratoconus eyes be restricted to LKP or KEP. This caution is based mainly on the still unclarified cause of keratoconus.\textsuperscript{10} In addition, recent studies show higher-than-normal levels of lysosomal enzyme activity and decrease of α1-proteinase inhibitor in keratoconus corneas.\textsuperscript{11,12} Further, it is necessary to watch for long-term postoperative complications that may result from such donor corneas.

Figure 3. Case 5, primary pterygium, right eye. (A) Preoperative slit-lamp finding. Pterygium had recurred twice on contralateral eye, and third operation required keratoepithelioplasty (KEP) using fresh cornea. Crescent-shaped lenticle made from donor cornea preserved for 8 weeks was used in KEP. (B) Slit-lamp finding 3 weeks after surgery. Progression of pterygium tissue to cornea was prevented by lenticle. There has been no recurrence of pterygium for 9 months after surgery.

Figure 4. Case 6, limbal dermoid, left eye. (A) Preoperative slit-lamp finding. Limbal dermoid 6 mm in diameter on inferotemporal corneal limbus was removed. Underlying layer was resected by half-layer incision of sclera and cornea. With a trephine 6.5 mm in diameter, lamellar keratoplasty was then performed using donor cornea that had been preserved for 3 weeks. (B) Slit-lamp finding 4 months after surgery. Remarkable cosmetic improvement was seen beginning day after surgery. Preoperative visual acuity of 10/20 was maintained. Neovascularization, which developed at the 5–7 o’clock position 8 months after surgery has remained stationary. Postsurgical course has been uneventful.
We conclude that corneas obtained from keratoconus eyes and preserved in Optisol™ for 1–8 weeks can be used in therapeutic lamellar keratoplasty. Using preserved corneas in the present patients, we achieved favorable anatomical and visual improvements. We have shown that preserved corneas can be effective substitutes for fresh donor corneas.

References